Hi I'm just wondering what is your view re solo masturbation? Since it's not mentioned in the Bible is it a non issue and therefore not a sin? What about converts who are baptised? I understand in the past men and women married at younger ages so the 'problem' of masturbation was less. But for us Christians who aren't married and may live the rest of our lives without ever marrying and finding sexual fulfilment in marriage is masturbation a 'necessary evil' then assuming it's even a sin?

You ask me a difficult question as the Bible makes no direct mention of this subject. I think every male has masturbated at one time, probably, as a teenager having discovered his sexuality, however, with growing maturity and especially for a Christian aware of God's word, it will seem to be a self-centred activity, and one that can lead to the use of pornography which could seriously damage your relationship and enjoyment of sex with your future wife.

Consequently, it is not an advisable path to tread and best avoided by filling your life with outgoing positive activities that can absorb your energies and provide opportunity to meet and serve others, including the opposite sex. You might ask yourself what would Jesus Christ have done?

1 Peter 2:21, 'For even hereunto were you called: because Christ also suffered for us, leaving us an example that you should follow in His steps.' You can't see Him taking that negative path, I'm sure! And yet He was the most vibrant charismatic person who attracted many followers of both sexes.

Aside from that, the male human body is designed to remove excess semen without masturbation by night emissions and even in your urine, but as always this is a personal decision which only you can make. Will your character and self- respect become stronger, or weaker, by giving in to negative desires? Our lives, if we truly wish to follow Christ, are just a series of things we need to overcome. Read Revelation Chapters 2 & 3.

Pray about this, and ask God to help you find the girl who is right for you, so that your life may be fulfilling and productive. I'm sure He will then help you to overcome, until He answers your prayer. Ozwitness.